



The JDF Footprints



By Executive Director Carolyn D. Jenkins

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Love, love, love; just a little more love! Love is in the air as we prepare for Valentine's Day! We've moved from freezing temperatures to a balmy 63 degrees on the east coast. I heard the lovely sound of birds singing outside this morning. I expect to see the first flower of spring, the crocus, break through the hardened soil any day now.

Mother Nature may be fooling the birds and the flowers with these unusually warm temps, but the 2018 flu epidemic is real, and I'm not taking any chances. I'm keeping my jacket and sweater on, or at least nearby. When these temperatures begin to dip, the winter weather is rough.

Now, what does all this have to do with love? It has everything to do with love for **The JDF!** The winter season is our busy delivery season. The folks living on the streets and in shelters still need supplies, so we're trying to keep them warm. We're still delivering shoes, socks, scarfs, hats, and blankets to those in need. We're spreading the love and loving every minute of it!



Wanna help?

If you have extra shoes, socks, and supplies, (hats, mittens, blankets), please get them to those in need.

All of us want to be warm during the winter. **Love, love, love, just a little more love.**

Don't have time? Contact us at thejdf@jdfffeet.org or donate at jdfffeet.org. We know how to put your donations to good use. ☺



Telehealth professional treating patients.

What's new in Telepodiatry? We began introducing **Telepodiatry** last spring. Telepodiatry is the same concept as **Telehealth**, which has revolutionized medicine. Telepodiatry allows podiatrists to remain in their offices while they treat patients who are in another medical office, sometimes hundreds of miles away.

After months recruiting podiatrists, we began our pilot program in the fall, 2017. This month we received a wonderful "Thank You" letter for our efforts. More importantly, the generous and talented Dr. Kathleen Newport was recognized for her work. Dr. Newport practices podiatry in North Carolina and volunteers her services using Telepodiatry at the **Health Wagon**, in rural **Wise County, Virginia**.

You may recognize the HealthWagon name. They coordinate the largest free medical event in the United States, **Remote Area Medical, RAM**.

Medical personnel provides pro-bono assistance to the community. Patients line up days in advance so they can receive medical, dental and vision treatment. RAM has been in effect since 2000, and they have never had a podiatrist participate.



One of our 2017 goals was to recruit a podiatrist to participate in RAM, and Dr. Claudia Sands answered the call. Dr. Sands is a gifted podiatrist, and we are very grateful for her giving heart. The Health Wagon team was thrilled to have her join them last year, and they look forward to working with her again this year.

We'll bring you more about our Telepodiatry efforts in 2018. There is a great need for podiatry services at Free Clinics, and Telepodiatry can help meet that need.

You can read all of **The JDF letters of appreciation on our website, jdfffeet.org**. Have a great month and stay warm!

