



The JDF Footprints



April 2017



Happy Easter! We hope you have exciting plans outside this Easter! Perhaps you'll hide eggs and watch your little ones hunt for them. Perhaps you'll just watch the fun from the sidelines. Here at The JDF, we have as much fun hiding the eggs as the children have finding the eggs!

No matter what your plans are, this weather is just too beautiful to ignore. Spring ushers in new opportunities to refresh, revitalize and renew ourselves and our commitments.

The JDF volunteers are hiding eggs and recycling new and gently used shoes in Virginia and Maryland. A wonderful girls Sunday School group volunteered to partner with The JDF last month. The girls went door to door collecting shoes. Then they paired the shoes they

collected with new socks, foot care supplies and snack packages.

We delivered the goodies and more than 100 pairs of shoes to the patrons at the Capital Area Food Bank Family Market. A grateful crowd gathered before we could unload our boxes. It was a great day for all of us.



Socks and footcare supplies we delivered to the Capital Area Food Bank Family Market.



In the meantime, Ruth, one of our Maryland volunteers, collected and distributed shoes to a church in Lanham. The families needed help providing shoes and clothes to loved ones. The donations were delivered during the Lent season and that congregation was very grateful for the blessings.

Did You Know?



April Is National Foot Health Awareness Month

Happy Spring!

Did you know our foot health parallels our general health? Part of good foot health is ensuring you have a good pair of shoes that fits your feet well. The JDF is committed to ensuring we can keep providing shoes, socks and footcare supplies to those in need.

Wanna' join our team? We're always looking for volunteers to help us collect and distribute shoes. Please email us at thejdf@jdfffeet.org and consider making a generous donation so we can continue serving others. *Thank you!*

The Next Big Thing In Podiatry is...



We are so excited about **Telepodiatry!** Although it's still in its infancy stage, this new medical marvel will usher innovative podiatrists into the telemedicine field many of their counterparts are already in.

Telepodiatry provides podiatrists an opportunity to remain in their office, and with the aid of a telehealth technician, treat and diagnose patients in other locations. We're actively recruiting podiatrists to assist at free clinics so stay tuned for updates!