

## The JDF Footprints



By Exec. Dir. Carolyn D. Jenkins

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## What greater joy is there than giving to those in need?

What a great summer we've had! The JDF Team had an opportunity to fulfill all three facets of our mission! Providing foot health educational material, services and resources to the underserved is what we live for!

Thanks to a generous grant from *Bama Works of Dave Matthews Band*, we traveled to **Buckingham County Virginia** and hosted a Back-to-School Shoe Giveaway and Foot Health Fair!

Buckingham is an underserved community with wonderful people. The Buckingham community members welcomed us with open arms. They opened up the beautiful **Carter G. Woodson Complex**, an architectural wonder, and lined tables with the shoes and socks. Watching the children's eyes light up when they saw hundreds of free shoes and socks was better than watching kids in a candy store!



Local merchants like Hibbet Sports, Reid's Supermarket, Peebles, Target, Walmart, Sam's Club, Food Lion and McDonald's generously joined in on the fun. Three sales ladies from Hibbet Sports volunteered for hours to measure each child for their free shoes. The assistant manager from Hibbet Sports donated lots of colorful shoe strings so kids could 'accessorize' their new kicks.



Principals, Vice Principals, teachers, and other School Board members helped the children select their shoes. Reid's Supermarket and Food Lion provided the attendees with snacks and water. The local McDonald's sent over gallons of iced tea, buckets of ice and 100 snack gift certificates.

The other merchants provided valuable gift cards which participants won as door prizes. The prizes didn't stop there. Each child won a prize during the Foot Health Fair.



Jaylen Anderson & his grandmother Marjorie were in charge of games & they were perfect! The families played games after they learned about feet and good foot health.



Our Buckingham friends surprised us by wearing their I LOVE My Feet Day! shirts!

Diabetes, Reflexology, the hazards of high heels, flip flops, curing stinky feet and stinky shoes were some of the topics the attendees learned about.

During the Foot Health Fair, all attendees were invited to enjoy a foot massage. The most



memorable lesson for the kids was with a tennis ball. Rolling it under your feet is a great way to massage

your feet!

We love sharing foot health tips and giving shoes away!





