



The JDF Footprints

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Welcome to the first edition of *The JDF Footprints*! We're a new non-profit organization devoted to helping improve foot health. We like to give shoes away to those who are down on their luck. We also work to help people who have foot problems and little money. We know that if they can get medical care for their feet, they can live a healthier life.

Most of us think of shoes simply as a fashion accessory. We have countless pairs in our closets and we wear a precious few of our favorites on special occasions. For many of us, shoes are a status symbol. Wearing name brands like Jessica Simpson, Jimmy Choo, Madden and countless others have come to symbolize success.

For the millions of people in the US who are struggling to make ends meet, a decent pair shoes are a luxury they can't always afford. In reality, shoes are a necessity that protects us from rain, snow, sleet, hot pavements, broken glass, rocks, animal and snake bites, dog poo and all types of environmental hazards that can lead to disease and illnesses.

Although we're new, we squeezed in two shoe distributions this year. We teamed up with Samaritan's

Feet this summer to distribute new shoes to a community. In this issue, we'll take you with us as we distributed new and gently used shoes. We collected 100 pairs of new and gently used shoes and we gave them away to another community in need. The pictures below tell the story better than we can.



We collected boots, sandals, sneakers, high heels, men's, women's and children's shoes. We were fortunate to get a generous assortment of ladies clothing so we delivered the clothes too!



Do you or your friends have new or gently used shoes you can't wear? Email us at thejdf@jdfffeet.org and we'll work with you to get them to a new home!

Giving Thanks!



Retail stores are gearing up. Halloween was barely over before the Christmas trees went on display in the stores. Wedged

prominently between October and December is one of our favorite holidays, Thanksgiving.

Now known as one of the best football and food days, and the day before Black Friday, the best shopping day in the US, sometimes we forget the significance of Thanksgiving. The pilgrims created a day of thanks after the harvest season to show their appreciation. The Indians shared their land and knowledge with the pilgrims. The pilgrims owed their survival to the Indians who taught them how to live in a new land. After several crop failures, they were finally harvesting food they could survive on.

This Thanksgiving, as you gather with friends and loved ones, consider spending a few minutes sharing what you're thankful for with those you love.

November 29, 2016 is Giving Tuesday.

As you prepare to shop for loved ones this holiday season, please remember The JDF and the work we do to help the less fortunate. By teaming with us, you are helping to provide shoes, socks, foot care toiletries and medical supplies to the homeless and needy. Please help us help others. Go to jdfffeet.org today and make a generous donation. Thank You and Happy Thanksgiving!

Delivered safe and sound to their temporary new home!

