



***Promoting foot health and healthy lifestyles!***

By Executive Director Carolyn D. Jenkins

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cleaners run out. In addition to giving away cleaners and personal products, we try to ensure we help homebound children feel secure and happy.

We have been cooped up for weeks! Handwashing and masks are a way of life for all of us now. Watching the bees buzz from one flower to another is a good reminder that some things have not changed during COVID19.

Another constant is the need for essentials like food and supplies. As we shelter in place, The JDF team is working overtime to brighten lives and lighten the load for families in need. Just like food, personal products and

Pictured above on the left, we delivered goods to this single-parent family. Allison appreciated the sheets, clothing, vacuum cleaner, juicer, Easter baskets, Bombas socks, detergents, and personal products, but the biggest reaction came from her grandson. He was pleased with the skateboard and toys, but he broke into the biggest smile of the day when he caught the balls we tossed to him. Continued on page 2.

***See more of our giving stories at [jdffect.org](http://jdffect.org). Text 2020DB to 444-321 to donate!***

Pictured on page one to the right are nearly two dozen baby starter kits for new moms. We were thrilled to deliver these goodies to nearly two dozen unwed moms and moms-to-be who are unable to work right now.

One day, when the pandemic is over, we will look back in awe at the adjustments we made to ensure our safety. Kairi had to learn how to ride her first bike indoors. Here she is pictured below riding in the kitchen as she learns how to balance and pedal with the aid of training wheels.



The JDF mission promotes foot health and healthy lifestyles for those in need. We understand when low-income families need to replace personal products or household goods, they are forced to tap into their limited funds, or they must do without these goods.

Helping families stretch their limited



budgets and meet needs is a joy. Giving never gets old for us.

### **12 Things We Learned During the Coronavirus Pandemic.**

- 1) Teachers need a significant raise every year!
- 2) We should appreciate store workers and delivery people a lot more.
- 3) 3 P's- only flush poop, pee, and paper.
- 4) Hump Day and TGIF have no meaning if you can't go to work.
- 5) Keeping a routine is good.
- 6) We had no more excuses for ignoring our 'to do' list.
- 7) Limit television and negativity.
- 8) Making your fun is mandatory.
- 9) Reading is still great fun.
- 10) Creativity has no borders or boundaries.
- 11) Medical personnel and first responders are a gift to all.
- 12) Tell your loved ones how you feel every chance you get.

**Be safe and hopeful. Wash your hands, wear your masks, social distance and stay healthy!**

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